



Discover *Your* Financial Powers



Lauren Metzger Warner

Director of Media & Content

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Lauren is a media executive and creative leader with over a decade of experience producing high-impact, audience-driven content across television and digital platforms. She has worked with leading networks including HGTV, Food Network, Discovery, and OWN, where she developed a reputation for delivering compelling storytelling at scale.

Throughout her career, Lauren has led teams across every phase of production—from development and casting through post-production—bringing both creative vision and operational rigor to complex projects. She is known for fostering strong, collaborative teams and navigating demanding production environments with clarity and positivity.

Lauren produced over 80 episodes of HGTV’s *Tiny House Hunters*, a series that offered a unique lens into consumer decision-making and lifestyle priorities across the United States. She went on to lead multiple seasons of *Christina on the Coast*, overseeing large-scale productions with multimillion-dollar budgets and audiences exceeding one million viewers per episode. She was also the Executive Producer of “*House Hunters: Where Are They Now*,” successfully relaunching the series with a refreshed creative approach that delivered standout ratings in its timeslot.

Now serving as Director of Media and Content at Fintent Invest, Lauren applies her storytelling expertise to a new domain—financial education. She focuses on translating complex financial concepts and behavioral insights into clear, engaging content that empowers individuals to better understand their money, build confidence, and make more intentional financial decisions. Her work supports Fintent Invest’s mission to help clients align their financial lives with their values through thoughtful, behavior-driven guidance.

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